## **Skill - Practice Journals**

Practice Record									
Name (please print)			Date (due date Monday)			Period			
	Date	Long Tones	Lip Slurs	Rhythms	Scales	Book Excer.	Band Music	Daily Total	
Monday									
Tuesday									
Wednesday									
Thursday									
Friday									
Saturday									
Sunday									
Total Each Column									
Percussion Practice Reconstruction Practice Prac	me (please print)			Date (due date Monday)			Period		
	Date	rudiments	mallets	timpani	Scales	Book Excer.	Band Music	Daily Total	
Monday									
Tuesday									
Wednesday									
Thursday									
Friday									
Saturday									
Sunday									
Total Each Column									
Weekly Total									
Parent/Guardian Signat	Parent/Guardian Signature: Date:								

The practice record above is to be turned in every Monday of the school year beginning on September 7, 2010 (which is a Tuesday since there is no school on Monday the  $6^{th}$ ). Start keeping records on August  $30^{th}$ . For beginning band students, the first practice record will not be due until notice from Mrs. Murray.

To fill out the practice record, please keep track of the number of minutes you practice on your own at home and minutes practiced at school before or after school. Your band class time does not count for your practice record. These practice records count for 10% of your grade and are extremely important in helping you monitor the areas in which you need work. These reports, when used wisely, will greatly enhance your progress. You will need to practice. You will need to teach your body to play with a steady beat. You will